

Real Life Meaning

"Our souls are not hungry for fame, comfort, wealth or power. Those rewards create almost as many problems as they solve. Our souls are hungry for meaning, for the sense that we have figured out how to live so that our lives matter, so that the world will be at least a little bit different for our having passed through it." Harold Kushner seems to know exactly what my heart has been saying to me for the past few years. As I've observed the world around me, I start to come up with my own ideas of "happiness", "peace", and "satisfaction". It seems that these three concepts would be set in stone as truths the world can recognize by now. Yet, looking around, there aren't much of these to be seen. Maybe that's because we aren't sure what "happiness" really looks like, feels like, or tastes like.

Basically, it all comes down to the soul. Sure, we have the desires of the mind, maybe for knowledge. We have the desire of the stomach for delicious tasting meals throughout the days. We have the desire of our heart to feel another's love. But does anyone even take into account the most important desire within us? Our soul is the most basic part of every person. It is our core, the depths of our human nature. Our soul is what makes us who we are, the person on the inside, the one who really lives; and yet, we pay it no mind.

It seems to me that this is a huge problem, if anyone would look into it. To be happy in the world around us, which is the goal of life, we must first be at peace within ourselves. When we're out with our friends and family, we can have a good time and be happy, but that is not what a peaceful soul looks like necessarily. It is when one is sitting alone, with only himself for company, that he can see if he is peaceful to his core. We have to be able to feel comfortable when we're alone, to not be afraid to look ourselves in the mirror and see who we truly are. Once we are happy and confident with who we are, we can show it to the world and become an influence.

We all want to be remembered after we're gone. The way we can achieve this is by living a life that is so beautiful that others will want to look at the artwork of our life forever. We must live a life with meaning, and the meaning comes from within ourselves. This is where the common mistake is made. Meaning cannot be found in a new car, designer clothes, or an expensive TV set. We find in ourselves the value of our lives, our soul. It puts meaning into everything we do and makes life worth something. When this is our goal, to live a truly meaningful life, happiness just naturally comes along. And with a life that beautiful, others cannot help but stop and examine why it is so. So in the end, making one's life meaningful to himself actually makes the world better, as well as the people in it. Who would have thought, that to make our lives matter, we first must satisfy our souls, and then unleash it upon the world, not allow the world to unleash itself upon our souls.

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