



Tulare County Office of Education

Jim Vidak, County Superintendent of Schools

Chef in the Classroom

The ultimate goal of the Tulare County Office of Education *Network for a Healthy California* is to support students in making lifelong healthy choices. "Chef in the Classroom" provides partnership opportunities for teachers, students and professional chefs to develop each child's knowledge and palate through nutritious, healthy samplings of beautifully prepared and presented foods.

In the diverse multi-ethnic Tulare community, the appreciation of healthy food is a delicious way to bring people together. "Chef in the Classroom" flavors experiences with cuisines representing different cultures while demonstrating tolerance and appreciation of our differences. The chef and the students work together to create each meal.

Our chefs were chosen based on their practical experience, flair for presentation, and ability to model the best practices of their profession. They serve a delectable mix of luscious language, nourishing nutrition education, savory social studies, elegant edible art, and a measure of mathematics seasoned with a sprinkling of science.

We prepare recipes from the "Kids...Get Cookin'" all-star fast and fun recipe book. All the recipes are healthy, colorful, easy to prepare and delicious. These recipes bring together children and parents for the lifetime adventure of cooking innovative cuisine for the whole family.

For more information, contact Nani Rowland at nrowland@tcoe.org or call (559) 651-0130 Ext. 3720.



It's So Easy.

